Southwestern Style Beef Chili Dr. Tyler Yu **Dean of School of Business**

Ingredients

1/4 teaspoon salt

1/2 pound chili-style ground sirloin

1 cup chopped onion

1 cup chopped green onions

1/3 cup chopped green bell pepper

1/2 pound Cajun smoked sausage, chopped

1 tablespoon minced fresh garlic

1 (12-ounce) bottle beer

2 teaspoons chili powder

1/4 teaspoon ground cumin

1/4 teaspoon ground coriander

1 (28-ounce) can whole tomatoes, undrained and chopped

1 (15-ounce) can dark red kidney beans, rinsed

and drained

1 (15-ounce) can yellow hominy, rinsed and

drained

1 (15-ounce) can garbanzo beans, rinsed and

drained 1 (7-ounce) can salsa verde

2 tablespoons masa harina



Steps

Heat a large Dutch oven over medium-high heat. Coat pan with cooking spray.

Add salt and beef to pan; cook 5 minutes or until browned, stirring gently. Remove from pan.

Add onion, green onions, bell pepper, and sausage to pan; sauté 5 minutes or until sausage is lightly browned.

Add garlic sauté 1 minute. Add beer, scraping pan to loosen browned bits.

Return beef to pan. Stir in chili powder, cumin, coriander, tomatoes, beans, hominy and salsa verde

Bring to a boil. Cover, reduce heat, and simmer 1 hour, stirring occasionally. Stir in masa; cook 30 minutes.