Cuban Chili Picadillo Dr. Teresa Winterhalter Dean of School of Liberal Arts

Ingredients

2 tablespoons extra-virgin olive oil

2 medium-size yellow onions, peeled and chopped

2 ounces dried chorizo, diced

4 cloves garlic, peeled and minced

1 % pounds ground beef/chicken (I opt for chicken

because the sausage is already fatty)

Kosher salt and freshly ground black pepper

4 ripe tomatoes, chopped, or one 28-ounce can whole

tomatoes, drained and crushed

2 tablespoons red-wine vinegar

1 tablespoon ground cinnamon

2 teaspoons ground cumin

2 bay leaves

Pinch of ground cloves

Pinch of nutmeg

⅔ cup raisins

¾ cup pitted stuffed olives



Steps

Put the olive oil in a large, heavy pan set over a medium-high flame, and heat until it begins to shimmer. Add onions, chorizo and garlic, stir to combine and cook until the onions have started to soften, approximately 10 minutes.

Add the ground beef, and allow it to brown, crumbling the meat with a fork as it does. Season to taste with salt and black pepper.

Add tomatoes, vinegar, cinnamon, cumin, bay leaves, cloves and nutmeg and stir to combine. Lower the heat, and let the stew simmer, covered, for approximately 30 minutes.

Uncover the pan, add raisins and olives. Cook 15 minutes or so, serve with steamed rice.